

- 2023 -

DECEMBER

FRIDAY

1

Mini Corn Dogs
Crinkle Cut Fries
Fresh Cauliflower
Warm Apple Slices with
Cinnamon

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Howard Suamico School District GRACE LUNCH

Try the *NEW* blueberry fluff! When fruit and dessert come together, the flavor is wonderful! Blueberries combined with whipped topping will win over your sweet tooth and provide nutritional value all in one!

Strawberry Milk provided prior to the start of Winter Recess.

Side salads are available daily with fresh greens that are grown hydroponically onsite in vertical farms. Prepared with an assortment of fresh vegetables and salad dressing.

Assorted local vegetables vary depending on seasonal availability; variety includes kohlrabi, beet, and yam sticks.

WG: Whole Grain | LF: Low Fat

4

Chicken Patty
on WG Bun
Baked Beans
Fresh Carrots
Diced Pears

5

WG Pizza Dippers
Marinara Sauce
Warm Peas & Carrots
Assorted Local Vegetable
Applesauce

6

WG French
Toast Sticks
Turkey Sausage Patty
Hashbrowns
Cucumber Coins
Fresh Banana

7

Popcorn Chicken
Mashed Potatoes & Gravy
Cooked Corn
Red Pepper Strips
Whole Pear

8

Macaroni & Cheese
Turkey Stick
Steamed Broccoli
Fresh Celery
Diced Peaches
Dinner Roll

11

Hot dog on
a WG Bun
Warm Green Beans
Fresh Carrots
Strawberries

12

Chicken Nuggets
Potato Smiles
Assorted Local Vegetable
Cinnamon Applesauce

13

Sloppy Joes
on WG Bun
(Sliced Cheese Offered)
Baked Beans
Fresh Celery
Diced Pears

14

Chicken Noodle
Soup
WG Breadstick
Cucumber Coins
Sliced Apple Pack
WG Chocolate Chip
Cookie

15

Chicken Strips
Crinkle Cut Fries
Fresh Broccoli
Blueberry Fluff

18

Cheeseburger
on WG Bun
Steamed Mixed
Vegetables
Fresh Cauliflower
Peach Cup

19

Domino's Pizza
Warm Peas
Assorted Local Vegetable
Warm Apple Slices
with Cinnamon

20

WG Snow Dusted
Pancake Bites
LF Yogurt | String Cheese
Hashbrowns
Cucumber Coins
Fresh Banana

21

Grill Cheese
Tomato Soup
Fresh Carrots
Sliced Apple Pack
Strawberry Milk

22

No School

25

No School

26

No School

27

No School

28

No School

29

No School