



# OCTOBER 2023

## Our Lady of Lourdes Lunch Menu

This Institution is an Equal Opportunity Provider

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p>Chicken Nuggets Baked Fries w/ Ketchup Fresh Broccoli w/ Dip Crispy Apple Slices</p>	<p><b>3</b></p> <p>French Toast Sticks w/ Syrup String Cheese Steamed Corn Crispy Celery Sticks Chilled Mandarin Oranges</p>	<p><b>4</b></p> <p>Mini Corn Dogs Potato Smiles w/ Ketchup Fresh Tomato Mix Up Chilled Pineapple</p>	<p><b>5</b></p> <p>Toasted Cheese Sandwich Steamed Broccoli Crispy Carrots w/ Dip Chilled Applesauce</p>	<p><b>6</b></p> <p>Papa John's Pizza Slice Baked Beans Crispy Cucumbers w/ Dip Fruit Choice</p>
<p><b>9</b></p> <p>4x6 Pizza Square Steamed Green Beans Fresh Celery Sticks Crispy Apple Slices</p>	<p><b>10</b></p> <p>Walking Taco w/ Meat, Cheese &amp; Shredded Lettuce Fresh Tomato Mix Up Chilled Pineapple</p>	<p><b>11</b></p> <p>Mini Waffles w/ Syrup Yogurt Cup Steamed Broccoli Crispy Carrots Chilled Pears</p>	<p><b>12</b></p> <p>Popcorn Chicken w/ Ketchup Mashed Potatos and Gravy Steamed Corn Fresh Orange Wedges</p>	<p><b>13</b></p> <p>Early Release No Lunch</p>
<p><b>16</b></p> <p>Hot Dog on a Bun Tater Tots w/ Ketchup Fresh Broccoli Bites Crispy Apple Slices</p>	<p><b>17</b></p> <p>Mini Pancakes w/ Syrup String Cheese Steamed Carrots Crispy Celery Sticks Chilled Applesauce</p>	<p><b>18</b></p> <p>Nachos w/ Meat, Chips and Cheese Steamed Broccoli Fresh Vegetable Variety Chilled Pineapple</p>	<p><b>19</b></p> <p>Sub Sandwich Sun Chips Lettuce &amp; Cheese Salad Fresh Vegetable Choice Fruit Choice</p>	<p><b>20</b></p> <p>Papa John's Pizza Slice Baked Beans Crispy Cucumbers w/ Dip Fruit Sorbet</p>
<p><b>23</b></p> <p>Cheese Breadsticks w/ Marinara Steamed Broccoli Celery Sticks Chilled Pineapple</p>	<p><b>24</b></p> <p>Chicken Tenders Potato Smiles w/ Ketchup Fresh Tomato Blend w/ Dip Crispy Apple Slices</p>	<p><b>25</b></p> <p>Cheeseburger on a Bun w/ Ketchup Steamed Carrots Fresh Broccoli Chilled Applesauce</p>	<p><b>26</b></p> <p>Early Release No Lunch</p>	<p><b>27</b></p> <p>No School Today</p>
<p><b>30</b></p> <p>Chicken Patty on a Bun Steamed Broccoli Fresh Tomato Blend Crispy Apple Slices</p>	<p><b>31</b></p> <p>Mini Waffles w/ Syrup Yogurt Cup Tri Tater w/ Ketchup Crispy Carrots Chilled Pears</p>			



Menu Subject to Change Based on Product Availability

Skim and 1% Milk Available at all Meals

Questions about the menu please contact Jennifer at 920-337-1393 EXT: 8045